



# An Honest Conversation About Marriage & Sexuality for Men

Let's Get it On!

# Personal Growth Focus

We proclaim Him, admonishing every man  
and teaching every man with all wisdom,  
so that we may present every man complete  
in Christ.

Col 1:28

# The Nature of Desire

Desire is Looking for its Object: Desire is Passive

High Short-Term Yield

High Short-Term Return

Low Investment

Low Cost

# The Nature of Desire

Desire is Looking for its Subject: Desire is Active

High Investment

High Long-Term Yield

High Cost

High Long-Term Return

# An Important Question

Do you want to be tolerated or do  
you want to be desired?”

# Growth Areas

## You Must Move in Her Direction – Not Your Direction!

- A woman has “responsive desire” not overt desire for sex. She wants connection first, which opens up the possibility of sex.
- Men want sex first and then feel connected and close to their partner.
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# Sexual Desire

Women accept or initiate a sexual interaction for reasons other than sexual desire.

The number one reason is to increase Emotional Bonding – especially in response to Romantic Settings.

“Overt desire is infrequent in many sexually functional and satisfied women – especially those in established relationships.”

# Growth Areas

## You Must Move in Her Direction – Not Your Direction!

- A woman's sexual desire is “contextual.” It arises out of Emotional Bonding.
- As a man, strive to become a positive, thoughtful and kind person. Do not attempt to motivate your wife by being negative, demanding or pouting.



# Growth Areas

**You Must Move in Her Direction – Not Your Direction!**

- A woman's sexuality is more complex – Yours is simple
- As a man, don't make intercourse and orgasm your only goal in sexual intimacy.

# Some “To Do’s”

- Love her for who she is. Have 100% acceptance of her.
- Redefine “good sex” as a mutually satisfying time between the two of you.
- Encourage and support your wife’s sexual intimacy development.
- Plan your times together and plan the environment.
- Become positive “sexual partners.”